

# Winter Menu 2017/2018

**Bread, salad, fruit, yoghurt, milk and water are available daily.**

If you require any additional information on allergens or special diet please contact the school in the first instance



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One</b> 30-Oct 27-Nov 25-Dec 22-Jan 19-Feb 19-Mar	Oven Baked Sausages Irish Stew Baked Beans / Carrots Salad Mashed Potatoes Decorated Sponge / Fruit Custard	Chicken Curry & Rice Salmon Fish Cakes Peas / Salad Mashed Potatoes Parsley Sauce Flakemeal Biscuits / Fruit Custard (RMF)	Roast Meat Dinner Stuffing & Gravy Dry Oven Roast / Mashed Potatoes Cabbage / Carrots Salad Fruit Salad Artic Roll (H)	Spaghetti Bolognese Cheese & Tomato Pizza Diced Potatoes Salad, Broccoli & Carrots Mashed Potatoes Fruit Muffin / Fruit Custard (H)	H/M Chicken Goujons Savoury Wraps Baguettes/Paninis Green beans Chips / Mashed Potatoes & Salad Semolina / Fruit Crackers & Cheese (RMF)
<b>Week Two</b> 06-Nov 04-Dec 01-Jan 29-Jan 26-Feb	Chicken Curry & Rice Cottage Pie Mixed Vegetables, salad Mashed / Baked Potatoes Decorated Mousse Fruit / Ice Cream (H)	Oven Baked Sausages Cheese & Tomato Pizza Baked Beans / Broccoli Oven Dice/Baby Boiled Potato Salad Rice Pudding & Fruit Cheese & Biscuits (RMF)	Roast Meat Dinner Stuffing & Gravy / Salad Dry Oven Roast / Mashed Potatoes Baton Carrots/Cabbage Wholemeal Biscuits Fruit / Custard (H)	Oven Baked Fish Cheese / Chicken Paninis Peas / White Sauce Salad Mashed Potatoes Fruit Muffin / Fruit Custard (RMF)	Home Made Beef Burger & Bap / Salad Savoury Pasta Bake Sweetcorn / Green Beans Chips / Mashed Potatoes Fruit Sponge / Fruit Custard
<b>Week Three</b> 13-Nov 11-Dec 08-Jan 05-Feb 05-Mar 02-Apr	Spaghetti Bolognese Oven Baked Chicken Nuggets Carrots / salad Baby Boiled / Mashed Potatoes Jelly / Fruit Ice Cream	Filled Baguettes / Paninis Oven Baked Beef Burgers & Onion Gravy Peas / Sweetcorn Herb Dice / Mashed Potato / Salad Fruit Cookies / Fruit Custard (H)	Roast Chicken/Turkey Stuffing & Gravy Dry Oven Roast / Mashed Potatoes Cabbage / Carrots Salad Fruit Sponge / Fruit Custard (RMF) (H)	Chicken Curry & Rice Oven Baked Fish Sweetcorn / Peas Mashed Potatoes Salad Fruit Salad / Yoghurt Custard (RMF)	Hot Dogs Lasagne Baked Beans / Carrots Tossed salad / Coleslaw Chips / Mashed Potatoes Wholemeal Biscuits Fruit / Custard
<b>Week Four</b> 20-Nov 18-Dec 15-Jan 12-Feb 12-Mar 09-Apr	Oven Baked Fish Savoury Pizza Green Beans / Mixed Vegetables Salad Mashed / Baked Potatoes Fruit Sponge / Fruit Custard (RMF)	Oven Baked Sausages Pasta Bake Baked Beans / Peas & Sweetcorn Salad Mashed Potato Flakemeal Biscuits / Fruit Custard (RMF)	Roast Meat Dinner Stuffing & Gravy Dry Oven Roast / Mashed Potatoes Turnips / Carrots Salad Fruit Crumble / Sponge Fruit / Custard (H)	Beef Burger & Bap Chicken Curry & Rice Mixed Vegetables Oven Dice / Mashed Potatoes / Salad Fruit Muffins / Fruit Custard (H)	Home Made Chicken Goujons Cottage Pie Broccoli / Carrots Chips / Mashed Potatoes Rice Pudding / Fruit Frozen Yoghurt / Fruit